

XFITNESS OPERATING RULES

These Operating Rules regulate the mutual contractual conditions governing the legal relations between the operator and the visitors during the provision of services by the operator to these visitors.

1. Visitors to the fitness centre are obliged to familiarize themselves with these Operating Rules and to act and behave in accordance with them. **By paying the admission fee according to the valid price list, the visitors express their full consent to the Operating Rules.**
2. The visitors are entitled to use the individual facilities and equipment of the fitness centre or to use its services on the basis of a duly paid admission fee according to the type of service used according to the price list. It is forbidden to enter the premises of the centre without a duly paid entrance fee.
3. Visitors are fully responsible for their health condition. It is recommended to undergo a medical examination (general examination, heart function, etc.) before visiting our centre. The fitness centre will not be held responsible for their health condition.
4. Visitors are obliged to follow the instructions of the staff. Everyone is obliged to wear sports clothing and shoes (not barefoot but wearing proper gym shoes) and to use a towel when exercising on the fitness equipment. They must not endanger their own health or that of other visitors. It is forbidden to litter the fitness centre premises.
5. Visitors are not allowed to enter the operating and technical rooms, as well as other places not intended for exercise, for which they have paid the entrance fee.
6. Everyone is obliged to store all clothing in the designated place, i.e., in the lockers. Likewise, visitors shall place their shoes in the designated shoe lockers immediately upon entering the fitness centre.
7. Valuables, such as money, watches, necklaces, jewellery, mobile phones, tablets, laptops, other electronics, etc., must be handed over to the reception staff or placed in the safe in the fitness centre or locked in the safe at the reception with your own lock (locks can also be rented). The visitors are fully responsible for valuables stored in a different way than stated in the Operating Rules.
8. In the event of any damage to the fitness centre equipment (weights, machines) or exercise tools, it is the responsibility of each visitor to report this fact to the fitness centre operator.
9. In case of inappropriate behaviour of a visitor in the fitness centre premises or inappropriate behaviour towards the staff, the operator has the right to expel such an individual from the fitness centre, without refunding the entrance fee, and in extreme cases not to allow them to enter the fitness centre premises anymore.
10. It is prohibited to keep any keys to lockers, safes and shoe racks when leaving the fitness centre premises.
11. It is forbidden to use powdered magnesium on the pulley machines in the gym.
12. At the end of the workout, everyone will clean up their tools and equipment and put them in a designated place. We ask all visitors to the centre to pay extra attention to this fact.
13. In case of any injury, each visitor is obliged to report this fact to the fitness centre staff.
14. In case of theft, please report this fact to the staff immediately. Furthermore, it is your responsibility to call the police yourself to make a report and to complete the form for the insurance company yourself. Any additional reporting of the theft will not be taken into account.
15. **Smoking**, consumption of alcoholic beverages, narcotics and other psychotropic substances are **strictly prohibited** in the fitness centre.
16. No pets are allowed in the fitness centre, unless arranged with the fitness reception.
17. In exceptional cases, with the prior consent of the XFITNESS centre staff, children are allowed to move around in the fitness centre, only when accompanied by their parents, who expressly and nontransferably bear **FULL** responsibility for any damage to their child's health and the property of the operator caused by the child.
18. The gym visitor must be at least 15 years of age. If he/she is younger (7–14 years old), he/she is allowed to enter the gym only when accompanied by a person over 18 years old (parents, siblings) or a trainer. This person then assumes full responsibility for the safety of the underage person, is obliged to attend to him/her at all times and not leave him/her unattended.
19. For small children (under 7 years old) the gym environment is dangerous and therefore absolutely unsuitable! However, if a visitor to the gym brings such a small child, he/she is obliged to prevent him/her from moving freely in the gym area and climbing on the exercise machines.
20. Persons who are intoxicated, under the influence of addictive, narcotic or psychotropic substances, in dirty or obviously inappropriate clothing, or persons causing public nuisance are prohibited from entering all areas of the fitness centre. In such cases, the operator's staff is entitled to ask such persons to leave the sports complex at any time. If they fail to do so, they may be removed from the facility without compensation.
21. The visitor shall be liable for any damage or loss caused to the operator in full, even if the act is unintentional.
22. The visitor must empty the locker and leave it unlocked when leaving the changing room. The visitor must keep the key to the locker and hand it to the reception staff when leaving. If, at the end of the operating hours of the day, the staff of the operator discovers that any of the lockers have been left locked, the locker shall be opened and emptied, without any claim for compensation of the contents.
23. The visitor shall be liable for any damage caused to the operator by loss of the key, damage to the lock or other misuse of the key or lock. In the event of such loss, damage or misuse, the visitor is obliged to pay the sum of CZK 100 as the cost of replacing the lock.
24. By paying the entrance fee or membership, the client agrees that the operator may shoot videos in the spaces of the fitness centre and during group lessons and may use these short videos for promotional purposes on its communication channels.